

COVID GUIDELINES

RETURN TO PLAY - 2020-21 SEASON



GIRLS ECNL & ECNL-RL U13-U19



BOYS ECNL & ECNL-RL U13-U19



USYS TRAVEL Girls & Boys U9-U19



JUNIOR ACADEMY GIRLS & BOYS U7-U8



INTRAMURAL Girls & Boys U4-U19

CRUSA FC Bucks Junior Academy:

If you feel sick stay home.

Take your temperature before every event – practices and games – and if you have a temp over 100.4 stay home.

We would like to update you on our plans for the 2020 fall junior academy season, based on Covid-19 Safety Guidelines. As of August 7th, our area is in Phase 4 of "green reopening", which allows for practices/training, league games, and festivals. Please keep in mind, the situation is very fluid and changing often, but as of today, the CRUSA FC Bucks plan for COVID19 safety protocol is below. When/if things change based on directives from EPYSA and/or the state of PA, we will update accordingly. We know these are unique and challenging times, but the CRUSA FC Bucks staff will provide your child with a rewarding experience, while ensuring their health and safety is a priority.

For all ages – In the state of PA, everyone who is unable to socially distance by 6 feet, will need to wear a mask when outside. All coaches and trainers will wear a mask when coaching/training. All spectators will be required to wear a mask as well. Players will not be required to wear masks while playing, however, we will ask them to wear masks to and from the fields, per guidelines from the state of PA – that requires masks outdoors unless you can maintain a 6-foot distance from others. For players on the sidelines, we will ask coaches/trainers to avoid team huddles so the kids can maintain a safe distance. Every player should bring their own hand sanitizer and a brown bag with their name on it to store their mask while they are on the field. We will forego the practice of shaking hands after games and training, until further notice.

For U7-U8 – Festival Games at Richboro Elementary will be scheduled on every other field – to promote social distancing and still allow spectators. Parents will sit on the empty fields next to where their children are playing; still close enough for their child to see them and for parents to enjoy the games. When not possible to have small-sided game on every other field, parents will be directed to a viewing area at the end of each field, so they are nearby to enjoy, but also promote social distancing. Spectators are required to wear a mask. We will request that teams from other clubs set up their "home base" socially distanced from other clubs. We are requesting that if siblings, other family members are in attendance at festivals, to keep family members in "pods"

For U7-U8 Training at the Northampton Township Civic Center Basin fields:

Please use the parking lot by the Civic Center basin fields for drop off and pick up. Players are required to wear a mask when they leave their parent's vehicle. Please drop off your child at the upper section of the basin field area – with a properly inflated size 4 soccer ball, water bottle, cooling cloth (optional), numbered pinnie/bib (players will receive first week of sessions), jacket or sweatshirt (when needed) – all clearly labeled. The players will be greeted at the top of the basin area by trainers and escorted to the fields. Players will be asked to go to an assigned field where they can drop off their gear – and that assignment will be their "home base" for water breaks so we can keep players socially distanced whenever possible.

Parents are asked to wear a face covering whenever they are outside their vehicles. Parents can watch the academy session from the top of the basin hill, grass area closest to the parking lot,

while socially distancing. Parents will not be allowed to be on or near the training fields. We will certainly accommodate any child who needs special assistance while under these guidelines. (Please reach out to the Chris Fehrle and Joanne Talbot if your child needs any accommodations.)

If parents have siblings with them, we ask that the siblings stay close to parents, in "pods", in order to meet the social distancing requirements. We cannot allow other children to use the extra field space at this time.

There is a restroom facility on the Civic Center campus – it is closer to the front field. If your child needs to use the facility during a session, a trainer will accompany the child(ren) to the rest room, or, if the parent is on the premises, we will walk the player to the parent/guardian so he/she can accompany the child to the rest room.

Water bottles, pinnies/bibs, soccer balls will not be shared. If a player forgets their soccer ball, the club will have extra soccer balls for players to borrow during sessions. We will sanitize soccer balls as needed. If a player forgets their numbered pinnie/bib, we will have extras for player (and club pinnies/bibs will be laundered after every session).

At the end of training sessions, players will be dismissed to their parent/guardian – trainers & staff will walk players to the top of the basin area/parking lot to meet up with a parent/guardian. Players are asked to wear masks when they return to their parent's or guardian's vehicle.

COVID Reporting

Should a player on a team test positive for Covid, we ask you to please report infection to <u>executivedirector@crusa.net</u> – **Lew Spiewak**. At that time, we will begin our process to trace contacts starting from 2 days before diagnosis until last time the player was on the fields. Any players who tests positive will be quarantine for 14 days and be permitted to return to play with a note from a doctor stating they are no longer contagious. Any player who is exposed to a player who tests positive will quarantine for 14 days.

Useful resources provided by EPYSA: Covid-19 Response Covid-19 FAQs

If you have any questions, comments, or concerns, please contact: Joanne Talbot, CRUSA FC Bucks Junior Academy Manager – <u>jmtcrusa@comcast.net</u> Chris Fehrle, CRUSA FC Bucks Director of Youth U7-U12 – <u>chrisfehrle@yahoo.com</u> Jill DeLucia, CRUSA FC Bucks Supervisor – <u>supervisor@crusa.net</u> Cynthia Laggan, CRUSA FC Bucks Administrator – <u>admin@crusa.net</u>

For ages U4-U7 IM – Games & Practices at Richboro Elementary

If you feel sick stay home.

Take your temperature before every event – practices and games – and if you have a temp over 100.4 stay home.

Spectators from immediate family only (parents and siblings).

All spectators wear masks.

All coaches wear masks.

All trainers wear masks.

All players wear masks from the parking lot to the field and from the field to the parking lot. Players do not need to wear masks when warming up or playing.

When players are not playing, they should wear a mask on the sidelines or be able to properly social distance by 6 feet.

Games will be spaced so there are a maximum of 4 per hour and there will be games played every hour and a half. Please depart your game within 10 minutes of the end of your time slot. Please do not arrive more than 10 minutes before your game begins. There will be space on every alternate field in order to allow parents room to view the game and providing proper social distancing.

No sharing of drinks. No half time or end of game snacks.

No spitting or high fives. No end of game handshakes.

Do not share soccer equipment – each player should bring their own soccer ball to each practice and game.

All practice fields will be assigned to each team. Spectators should plan to attend practices at this age, and wear masks, and socially distance from the team and the other parents. We will keep space on the fields so that each team has enough room.

Covid Reporting

Should a player on a team test positive for Covid, we ask you to please report infection to <u>executivedirector@crusa.net</u> – **Lew Spiewak**. At that time, we will begin our process to trace contacts starting from 2 days before diagnosis until last time the player was on the fields. Any players who tests positive will be quarantine for 14 days and be permitted to return to play with a note from a doctor stating they are no longer contagious. Any players who is exposed to a player who tests positive will quarantine for 14 days.

For U8-U19 IM – Games & Practices

If you feel sick stay home

Take your temperature before every practice and game – if you have a temp over 100.4 stay home

All spectators at games will wear masks. On game Day - Spectators from immediate family only (parents and siblings). On game Day - All spectators wait in vehicle until 5 minutes before the game

All players wear masks from the parking lot to the field and from the field to the parking lot. Players do not need to wear masks when warming up or playing. When players are subbed out of the game they should wear a mask on the sidelines or be able to properly social distance by 6 feet.

No sharing of drinks. No half time of end of game snacks. No spitting or high fives. No end of game handshakes. Do not share soccer equipment – each player should bring their own soccer ball to each practice and game.

On the sidelines all players coaches and spectators from one team will sit on one side of the field. And all players coaches and spectators from the opposing team will sit on the other side of the field. Teams will not share sidelines.

Games will be spaced in order to allow for less mingling between game slots. When your game is over please depart the field within 15 minutes of the end of game whistle. Please do not arrive for your game more than 30 minutes before start time. If you arrive for your game and there are still players on your game field please remain in your vehicle until the field is clear.

All practice fields will be assigned.

On practice Day – no spectators on the fields – please remain in your vehicle – unless it is to walk your child to the correct field to be sure they get where they are going and to collect them at the end of practice. We ask that no parents besides coaches remain on the fields during practice.

Covid Reporting

Should a player on a team test positive for Covid, we ask you to please report infection to <u>executivedirector@crusa.net</u> – **Lew Spiewak**. At that time, we will begin our process to trace contacts starting from 2 days before diagnosis until last time the player was on the fields. Any players who tests positive will be quarantine for 14 days and be permitted to return to play with a note from a doctor stating they are no longer contagious. Any players who is exposed to a player who tests positive will quarantine for 14 days.

Useful resources provided by EPYSA: <u>Covid-19 Response</u> <u>Covid-19 FAQs</u>

For Travel Games

If you feel sick stay home.

Take your temperature before you leave for any event – practices and games – if it is over 100.4 stay home

Spectators from immediate family only (parents and siblings). All spectators wear masks. All spectators wait in vehicle until 5 minutes before the game

All coaches wear masks.

All players wear masks from the parking lot to the field and from the field to the parking lot. Players do not need to wear masks when warming up or playing. When players are subbed out of the game they should wear a mask on the sidelines or be able to properly social distance by 6 feet.

No sharing of drinks. No half time of end of game snacks. No spitting or high fives. No end of game handshakes. Do not share soccer equipment – each player should bring their own soccer ball to each practice and game.

On the sidelines all players coaches and spectators from one team will sit on one side of the field. And all players coaches and spectators from the opposing team will sit on the other side of the field. Teams will not share sidelines.

Games will be spaced in order to allow for less mingling between game slots. When your game is over please depart the field within 15 minutes of the final whistle. Please do not arrive for your game more than 30 minutes before start time. If you arrive for your game and there are still players on the field please remain in your vehicle until the field is clear. All spectators should remain in their vehicle until 5 minutes before start of the game.

Covid Reporting

Should a player on a team test positive for Covid, we ask you to please report infection to <u>executivedirector@crusa.net</u> – **Lew Spiewak**. At that time, we will begin our process to trace contacts starting from 2 days before diagnosis until last time the player was on the fields. Any players who tests positive will be quarantine for 14 days and be permitted to return to play with a note from a doctor stating they are no longer contagious. Any players who is exposed to a player who tests positive will quarantine for 14 days.

Useful resources provided by EPYSA: <u>Covid-19 Response</u> <u>Covid-19 FAQs</u>

For ECNL & ECNL-RL Games

If you feel sick stay home

Take your temperature before you leave for all events, and if it is over 100.4, please stay home.

Spectators from immediate family only (parents and siblings). All spectators wear masks. All spectators wait in vehicle until 5 minutes before the game start time.

All coaches wear masks.

All players wear masks from the parking lot to the field and from the field to the parking lot. Players do not need to wear masks when warming up or playing.

When players are subbed out of the game they should wear a mask on the sidelines or be able to properly social distance by 6 feet.

No hydration station. No sharing of drinks. No food. No spitting or high fives. No end of game handshakes. Do not share soccer equipment – each player should bring their own soccer ball to each game.

If you are playing your games at Council Rock North HS -

On the sidelines all players, coaches and spectators from one team will sit on one side of the field. And all players, coaches and spectators from the opposing team will sit on the other side of the field. Teams and their parents will not share sidelines. All spectators will wear masks.

If you are playing your games at Bryn Athyn College -

On the sidelines, all players from both teams will share one sideline and all parents will view the game from **OUTSIDE the FENCE** – there is a hill on the parent side of the field which will allow for proper social distancing. All spectators will wear masks.

At both locations - When you arrive for your game, please keep clear of the field and the player benches until the game before is over and the players have departed. All spectators should remain in their vehicle until 5 minutes before start of the game.

Covid Reporting

Should a player on a team test positive for Covid, we ask you to please report infection to <u>executivedirector@crusa.net</u> – **Lew Spiewak** and **Jill DeLucia** <u>supervisor@crusa.net</u>. At that time, we will begin our process to trace contacts starting from 2 days before diagnosis until last time the player was on the fields. Any players who tests positive will be quarantine for 14 days and be permitted to return to play with a note from a doctor stating they are no longer contagious. Any players who is exposed to a player who tests positive will quarantine for 14 days.

Useful resources provided by EPYSA (our state association) -<u>Covid-19 Response</u> | <u>Covid-19 FAQs</u>

Useful resources provided by ECNL: Return to Competition Recommendations