For IM games U8-U19 If you feel sick stay home

Take your temperature before every practice and game – if you have a temp over 100.4 stay home. If anyone in your household is waiting a pending Covid-19 test, please keep everyone home.

Spectators from immediate family only (parents and siblings). All spectators wear masks. All coaches wear masks. All trainers wear masks. All players wear masks when warming up AND when playing. In addition, when players are not playing, they should still social distance 6 feet.

On game Day - Spectators from immediate family only (parents and siblings). On game Day - All spectators wait in vehicle until 5 minutes before the game

No sharing of drinks. No half time of end of game snacks or birthday treats. No spitting or high fives. No end of game handshakes. Do not share soccer equipment – each player should bring their own soccer ball to each practice and game.

On the sidelines all players, coaches and spectators from one team will sit on one side of the field. And all players, coaches and spectators from the opposing team will sit on the other side of the field. Teams will not share sidelines.

Games will be spaced in order to allow for less mingling between game slots. When your game is over please depart the field within 10 minutes of the end of game whistle. Please do not arrive for your game more than 30 minutes before start time. If you arrive for your game and there are still players on your game field please remain in your vehicle until the field is clear.

All practice fields will be assigned.

On practice Day – no spectators on the fields – please remain in your vehicle – unless it is to walk your child to the correct field to be sure they get where they are going and to collect them at the end of practice. We ask that no parents besides coaches remain on the fields during practice.

Covid Reporting

Should a player on a team test positive for Covid, we ask you to please report infection to Jill DeLucia – <u>supervisor@crusa.net</u> At that time, we will begin our process to trace contacts starting from 2 days before diagnosis until last time the player was on the fields. Any players who tests positive will be quarantine for 10 days and be permitted to return to play with a note from a doctor stating they are no longer contagious. Any players who is exposed to a player who tests positive will quarantine for 10 days or 7 days with a negative test after day 5.

Useful resources provided by EPYSA -<u>Covid-19 Response</u> <u>Covid-19 FAQs</u>